

Facility: MMH1
Patient Name: BAEZ, DEMITRIC
DOB: 10/21/94
MR#:

Admission Date: 12/30/25
Acct Number:
Discharge Date:

General Instructions

Reason for Visit: DEPRESSION

Allergies/Adverse Drug Reactions: No Known Drug Allergy

Medical Problems

Depressive disorder

Alcohol use disorder

Suicidal behavior with attempted self-injury

Housing insecurity

ADHD

Depression

Mood disorder

Pneumomediastinum

Rhabdomyolysis

AKI (acute kidney injury)

Acidosis

Hypocalcemia

- On December 22, 2025, I attempted to end my life by overdosing on alcohol due to Eastern Connecticut State University (ECSU) and Connecticut State Colleges and Universities (CSCU) ignoring my requests for a Supportive Measure for housing after my Title IX Complaint with Eastern in 2025.

- What Happened: I drank 64 ounces of Jim Beam Peach Bourbon Whiskey all at once and was passed out for 24+ hours. I nearly died and landed in the ER at Rockville General Hospital in Vernon, CT on December 23, 2025.

- On December 24, 2025 (Christmas Eve), I was transferred to Manchester Memorial Hospital (MMH), which this discharge paperwork discusses.

- ECSU & CSCU's failure to even acknowledge my requests is a direct violation of 34 C.F.R. § 106.71 - Retaliation.

- ECSU & CSCU also refused to acknowledge requests I made to settle with them before I filed a Complaint with CT Commission on Human Rights and Opportunities.

- These medical problems resulted from a mixture of malnourishment and the alcohol consumption.

- Since ECSU lied to CT Dept. of Labor about my termination (Eastern told DOL I quit), I have had no money for food and I am too embarrassed to apply for SNAP benefits.

Social History

ETOH abuse

This is an error made by MMH staff.

My medical records show no signs of alcohol abuse.

This was the first time I ever consumed alcohol in life outside of wine for the Eucharist in Catholic Church.

Care Team Members

No PCP provided, PRIMARY CARE PHYSICIAN
ADMITTING, PSYCHIATRY,
ATTENDING, PSYCHIATRY,

Home Medications and New Prescriptions

CONTINUE Taking the following:

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Instructions for Patient

Patient Instructions

Diet Regular Diet

Date of Last Stool 01/04/26

Discharge Instructions

Medication as prescribed

Continue with outpatient appointments

Refrain from self-harm behavior/seek help if urges return

Smoking Status

Patient requests smoking cessation medication: No-Patient Denies Need

Antipsychotics

2 or more antipsychotics at discharge? No

Problem List

1. Depressive disorder

2. ADHD

I reiterate that this is largely due to Eastern's "starve him out" playbook tactic.

3. Housing insecurity

4. Suicidal behavior with attempted self-injury

Discharge Date 01/05/26

Reason for Hospitalization

Patient was admitted to the dual diagnosis unit following medical stabilization in ICU after an overdose of alcohol

Medical Advance Directive No

Copy on File: No

Does patient have Psychiatric Advance Directives? No

Patient offered information about Advance Directives? Yes

Does the Patient Accept Information about Adv. Directives? Patient Deferred

Procedures done? No

ECHN-Contact Information

Eastern Connecticut Health Network

Hours: 24 hour Emergency Department

860.646.1222

To obtain copies of your medical record including pending lab tests or procedures contact the ECHN Health Information Management Department (HIM) at 860-533-2930 ext 2201 from 8:00am to 4:30pm or contact the Release of Information Line at 860-533-2930 ext 6433 and leave a voicemail.

Living Arrangements: Pt wil return to live in his car

Plan for Work/School Will be looking for work

Other Resources NA

Transportation Veyo

Legal None pending

- I was in the Intensive Care Unit (ICU) at MMH from December 24, 2025 to December 30, 2025 (after being transferred from Rockville ER).

- On December 30, 2025, I was admitted to the Dual Diagnosis (Psychiatric/Medical) Unit and discharged on January 5, 2026.

- This means I spent Christmas *and* New Year's hospitalized, which I think is very sad.

- I am still homeless since MMH had no connectitons with trauma-informed housing resources.

- I still face great difficulty finding a traditional job, likely due to my whistleblower status. In some instances, random workers think I am a spy.

- I have turned to bootstrapping to launch a startup and am uncertain when I will see a return on investment on said venture.

- This shows that systemic retaliation is a true phenomenon, not a myth.

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Therapeutic Goals Mood stability/no self harm

Medications

Continue all medications after discharge as directed. Call your healthcare provider if you have any questions or concerns about your prescribed medications. Keep a list of the medications, herbs, supplements you are taking. Include the amounts and when you take them. Carry the list of medications with you in case of emergency.

Tx for InPt Condition? Yes

Diagnosis Given Patient

Prognosis Given Patient

Pending Procedures/Follow Up No

Referred to Wheeler Clinic

For Therapy/medication management

Contact Person receptionist

Phone 860

Address CT

National Suicide Prevention

The following information is provided to all patients as part of a nationwide initiative to prevent suicide.

Professionals or agencies to contact during a crisis:

- * Your doctor or therapist
- * The National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- * Mobile Crisis: 211 Press 1
- * Crisis Text Line: Text CONNECT to 741741
- * Veterans Crisis Line: 1-800-273-TALK (8255) Press 1
- * TTY Hearing Impaired: 1-800-799-4TTY (4889)
- * Local Emergency Service: 911

Discharge Care Plan

Were diagnosis specific instructions given to patient: PDI

Were the problems, medication and lab results reviewed: Y

Additional Education Provided:

Discharge Instructions

Problem:

Altered Level of Health



My altered health status is a real-world case study of why
34 C.F.R. § 106.71 - Retaliation exists in the first place!

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Goal:

Optimal level of health

Instructions:

See Provider Instructions

Comments: Pt education provided before D/C

Other Information

Vaccines

01/01/26 PNEUMOVAX (PNEUMOCOCCAL VACCINE) 0.5 MILLILITERS INTRAMUSCULAR

Educational Materials

ADHD in Adults (DC)
Depression (DC)
Anxiety (ED)
Suicide Prevention (DC)

Plan of Treatment

Individual/group therapy
medication management

Goals

Mood stability
no self harm

Health Concerns

none acute

Compiled on 01/05/26 at 10:44am.



I voluntarily got a pneumonia vaccine since I was admitted to the ICU with pneumonia, likely from passing out in my car after my alcohol-induced suicide attempt. Winters in Connecticut are brutally cold.

Men typically get their first shot at age 50. I am 31, so I got the vaccine 19 years earlier than most males. Again, 34 C.F.R. § 106.71 exists to help prevent such health issues.