

ECHN
Rockville General a campus of Manchester Memorial Hosp
31 Union St
Vernon Rockville, CT 06066
860-872-0501

Patient: DIMITRIC BAEZ MR#:
Physician: David D. Beversluis, MD Acct #:
DOB: 10/21/1994

General Emergency Department Discharge Instructions

The exam and treatment you received in the Emergency Department were for an urgent problem and are not intended as complete care. It is important that you follow up with a doctor, nurse practitioner, or physician's assistant for ongoing care. If your symptoms become worse or you do not improve as expected and you are unable to reach your usual health care provider, you should return to the Emergency Department. We are available 24 hours a day.

You were treated in the Emergency Department by: David D. Beversluis, MD

Your diagnosis is

Dehydration (ED)

This is due to being "starved out" - Eastern told Connecticut Department of Labor I "voluntarily quit" on September 18, 2025, despite terminating me via criminal trespass warning.

What to do:

- Discharge from ED: The patient is discharged to home. Patient's condition is stable. The patient is to follow-up with their stated pre-established provider: their *physician
- Take this sheet with you when you go to your follow-up visit.
- If you have any problem arranging the follow-up visit, contact the Emergency Department immediately.
- Take all medications as directed.

Studies done in the Emergency Department:

Lab Information:

CHEM 7; Nurse to collect: Yes; Fasting: Unknown
CBC W/ DIFFERENTIAL; Nurse to collect: Yes

The emergency physician provided an on-the-spot interpretation of your x-rays and/or EKG. A specialist will do a final interpretation of these tests. If a change in your diagnosis or treatment is needed, we will contact you. It is critical that we have a current phone number for you.

- Pick up your x-rays in Radiology before your follow-up appointment. Please call Manchester 860-646-1222 ext 6418 or Rockville 860-872-5289 to make arrangements. Please do not ask for the Emergency Dept.
- Culture results take 48 hours. Your results will be given to the follow-up doctor. The Emergency Department will contact you if the results require a change in your treatment.

Additional information or instructions:

MEDICATIONS GIVEN IN THE EMERGENCY DEPARTMENT:

Start IV/saline lock

NaCl 0.9% IV 1000 ml(max infusion quantity, please subtract and document previously administered IVF in record). Bolus

PRESCRIPTIONS GIVEN IN THE EMERGENCY DEPARTMENT:

* * If side effects develop, such as a rash, difficulty breathing, or a severe upset stomach, stop the medication and call your doctor or the Emergency Department.

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Diagnosis Instructions: Dehydration, Paresthesias

Dehydration

You have been diagnosed with dehydration.

Dehydration occurs when your **body is low on fluids**. Dehydration can come from a variety of causes ranging from vomiting and diarrhea, to excessive sweating and poor appetite.

You have received **intravenous (IV) fluids** to help correct your **dehydration**. It is important that you continue hydrating yourself at home. This can be done by **drinking plenty of fluids on a frequent basis**. **Drink fluids that won't upset your stomach including water, juice or drinks such as Gatorade**. Avoid beverages like soda pop and tea as they may make you worse. Avoid caffeine and alcohol as these may cause you to lose more fluid.

YOU SHOULD SEEK MEDICAL ATTENTION IMMEDIATELY, EITHER HERE OR AT THE NEAREST EMERGENCY DEPARTMENT, IF ANY OF THE FOLLOWING OCCURS:

- Fever (temperature of over 100.5 F.) or shaking chills.
- Persistent vomiting and/or diarrhea.
- Lightheadedness or fainting.
- If you do not urinate for 8 or more hours.

Paresthesias

You have been seen for paresthesias.

Paresthesia is an abnormal sensation (feeling) in any part of the body. The paresthesia itself has no long-term bad effects. People often describe it as **tingling, numbness, burning, or pricking of the skin**. Many say it feels like "pins and needles," or like the body part is asleep.

Paresthesias can be a symptom of some illnesses. This means there are many things that can cause paresthesias. The paresthesias can be a sign of an underlying medical condition.

Some causes of paresthesias are:

- Skin Problems: Irritation of skin by certain chemicals. Swelling of the skin from an injury. A burn or frostbite can feel like numbness.
- Pressure on a nerve. This can happen when your arm "falls asleep" from lying on it too long. Carpal tunnel syndrome can do the same thing.
- Hyperventilation (rapid or deep breathing).
- **Deficiency in some vitamins and minerals.** This includes vitamins B1, B5, and B12.
- **Electrolyte problems.**
- Diabetic neuropathy (nerve disorders) from long-standing diabetes.
- Problems with circulation.
- Strokes.

You may have had some testing to help find out the cause of your paresthesias.

We still do not know the cause of your paresthesias. However, it is safe for you to go home. You may need more tests to figure out the cause.

See your primary care doctor or the referral specialist for more work-up and management of your paresthesias.

YOU SHOULD SEEK MEDICAL ATTENTION IMMEDIATELY, EITHER HERE OR AT THE NEAREST EMERGENCY DEPARTMENT, IF ANY OF THE FOLLOWING OCCUR:

- Your arms get weak, numb or paralyzed (can't move), especially on one side.
- You have vision loss, trouble speaking or problems thinking.

Date/time: 1/14/2026 5:55 AM

I experienced these symptoms when I called 911 for this ER visit.

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- Your speech is abnormal or one side of your face droops.
- You lose consciousness ("pass out") or almost lose consciousness.
- You have numbness or tingling after a head, neck or back injury.
- You feel very dizzy or like the room is spinning.
- You have other concerns.

I also experienced these symptoms when I called 911 for this visit.

I, DIMITRIC BAEZ, understand the instructions and will arrange for follow-up care.

<PTSig>

Patient Signature

<RepSig>

Representative Signature

<StaffSig>

Staff Signature

THIS IS A LIST OF THE MEDICATIONS THAT YOU WERE ON:

- Klonopin oral (strength unknown/unconfirmed)
- Mydayis oral (strength unknown/unconfirmed)

I take Clonidine ER - RGH never updated this.

THESE ARE THE MEDICATIONS YOU WERE GIVEN IN THE EMERGENCY ROOM:

- Start IV/saline lock
- NaCl 0.9% IV 1000 ml (max infusion quantity, please subtract and document previously administered IVF in record). Bolus

THESE ARE THE PRESCRIPTIONS THAT YOU WERE GIVEN TODAY:

- None

Mydayis oral (Strength Unknown/Unconfirmed)
Klonopin oral (Strength Unknown/Unconfirmed)

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Need Help? Reach out and talk to someone... The following information is provided to all patients as part of a nationwide initiative to prevent suicide.

Professionals or Agencies to contact during a crisis:

*** Your doctor or Therapist**

*** The National Suicide Prevention Lifeline (800) 273-TALK (8255)** We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

*** Mobile Crisis: Dial 211, Press 1**

*** Crisis Text Line: Text CONNECT to 741741**

*** Veterans Crisis Line: 1-800-273-TALK (8255) Press 1**

***TTY Hearing Impaired: 1-800-799-4TTY**

***Local Emergency Service: 911**

*** Connecticut Suicide & Crisis Hotlines at (800) 784-2433**